

PLATO R-V
Middle School and High School

ACTIVITY and ATHLETIC HANDBOOK



2017-2018

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MISSION

The Plato R-V Activities Program strives to promote participation, sportsmanship, citizenship, and school pride.

PHILOSOPHY

Leadership

The Plato R-V Activities Program strives to be an area leader in education-based athletics. In an effort to become an area leader, we encourage students to gain not only a strong sense of self but also a broad perspective of community. Our program is committed to leading other interscholastic schools with our dedication to teaching ethical conduct and fair competition.

Purpose

The purpose of the interscholastic athletic and activity program at Plato School is to provide an area in which students can learn and grow in meaningful ways that are not always possible in the classroom setting. Everyone involved in the program, including our coaches/sponsors, athletes/participants, parents, and administrators, is committed to doing all he or she can to provide a positive athletic experience for each participant. Our ultimate success in achieving this goal will be measured by our ability to establish lines of communication. Through good communication, people feel valued and understood, even if complete agreement is not always reached.

Responsibility

Being a member of the Plato Athletic/Activities Program is a privilege to be earned and maintained throughout the school year, in and out of competition. Student participants are always representing themselves, their families, our school and our community; thus the activities program expects them to exhibit integrity and sportsmanship.

Instruction

Our staff of qualified professionals is dedicated to implementing sound strategies. Student participants will practice and compete in a safe environment.

STUDENT RESPONSIBILITIES

As a student you are in school to secure the best secondary education you are capable of achieving. Deciding to participate in activities plays a significant part in your total educational development. However, success in MSHSAA activities is not achieved in the numbers of wins - in order to achieve success.

1. Team goals, welfare and success must come before any individual.
2. Players must be receptive to coaching and respect both authority and property.
3. Maintain academic citizenship and eligibility standards as established by the MSHSAA and Plato R-V Schools.
4. Learn the spirit of hard work and sacrifice.
5. Learn to attain physical fitness through good health habits.
6. Desire to excel to your potential.
7. Be willing to accept the leadership role that is instilled through the activities program.
8. If injured, an athlete must report all injuries to a member of the coaching staff immediately.

You have an obligation to maintain the principles of hard work, dedication and service that make the Plato Activities Department an area leader.

BASIC GUIDELINES FOR PARTICIPATION

Plato School District offers 13 high School and 10 junior high activities. If at any time during the school year a conflict exists between two school activities the student will be provided the opportunity to select the activity they wish to participate in as their primary activity. In certain situations the building principal will need to make an exception and determine which activity has precedence.

When these conflicts occur, students are not to be penalized by the athletic program or activity not attended.

Transportation

The district provides transportation for athletes and appropriate staff to all school sponsored activities. Parents may sign-out and transport their son/daughter following an event and assume the responsibility for the student's return after the activity is complete.

A parent may also request in writing that the student may ride home with another parent. The request must be made in advance (24 hours) of the trip and receive approval of the principal or athletic director prior to the trip. A copy of the request will be kept on file in the athletic office. Student/athletes are not allowed

to transport other student/athletes. Failure to follow proper procedure could result in loss of participation privileges.

Attendance/Absences

If it is necessary to be absent from practice, the student is expected to obtain permission from the head coach prior to the absence from the scheduled practice.

Students must be in attendance a minimum of 3 of the 7 hours in the day to participate in any activity scheduled for that day, or the day prior, if the activity is on a non-school day. Exceptions are granted with administrative approval only. If a student comes to school and is sent home from the nurse, he/she may not participate in any extracurricular activity that day.

Students participating in extracurricular activities must have excessive absences (absences over 8 hours in any one class) made up before being allowed to participate in the next activity, event or competition. Students will be provided regularly scheduled Saturday school(s) prior to participation restriction.

Missed Assignments

Students who miss class to attend school-sponsored activities are responsible for obtaining the missed assignments prior to the actual absence and turning in the completed work on the day of return to class.

Suspensions

In the event that a student is suspended, the student will not be eligible for participation in contest during the suspension period. A student may not miss an afterschool detention or Saturday detention to participate in a practice or contest. Students serving Academic Reassignment (AcRe) shall not be allowed to practice, travel, or participate until school is dismissed.

Each individual coach or sponsor has the authority to decide whether or not a student will be allowed to practice while a student is suspended from eligibility (does not include suspension from school).

The possession or use of alcohol, tobacco, or non-prescription drugs is known to be detrimental to the individual as well as the team he/she represents. Therefore, disciplinary action will be taken. This is a year round commitment.

Miscellaneous notes:

- All volleyball players are required to wear knee pads during practice and games.
- Students are not permitted to drink energy drinks before, during, or after practice or games. (Red Bull, Rock Star, etc.)

CODE OF ETHICS

Code of Ethics is in effect for 365 days.

Students who represent our school in interscholastic activities must be credible citizens. Citizenship status may be reviewed at any time by an appropriate committee. Those students whose character or conduct is such to reflect discredit upon themselves or our school will not be considered “credible citizens.” Conduct shall be satisfactory in accord with the standards of good discipline.

Any school related suspension would result in suspension from any activity/contest scheduled during the school suspension.

Any report filed with the building administrator from local police authority or school personnel regarding a violation of citizenship standards will result in immediate suspension from school activities under further notice. Attendance at any party where alcohol, illegal drugs and/or drug paraphernalia is present is a violation of citizenship standards. An infraction must be observed by a teacher (supervising the event), coach, school administrator, a member of any law enforcement agency, or the parent of the athlete in violation.

MSHSAA 2.2.2 A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty or special condition of probation has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. After a student has completed all penalties, local school authorities shall determine eligibility. Students will be allowed to practice with the team with consent of the Head Coach and Administration.

MSHSAA 2.2.4 Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards.

DISCIPLINE CODE

The following discipline code will apply to infractions that occur beyond the scope of supervised school hours or activities. Infractions occurring during supervised school hours or activities or on school property will additionally be regulated by the student handbook policies.

INCIDENT	1ST OFFENSE	2ND OFFENSE	3RD OFFENSE	4TH OFFENSE
Felonies	Suspended for remainder of sports season.	Same as 1 st offense.	Dismissal from athletic participation	
Misdemeanors (Excluding minor traffic violations)	Partial to multiple game suspensions. Pending coaches conference with A.D.	One to multiple game suspensions. Pending coaches conference with A.D.	Dismissal from athletic participation.	
Possession, use, transmission, sharing or under the influence of legal or illegal drugs, alcohol or prescribed medications.	3 game suspension.	5 game suspension.	Dismissal from athletic participation for the remainder of school year.	
Use of tobacco products.	Conference with coach and an aerobic reminder.	Conference with coach and a double aerobic reminder. One game suspension	3 game suspension	Dismissal for remainder of sport's season.
Violation of Athletic Citizenship Standards	Conference with coach and an aerobic reminder.	Conference with coach and a double aerobic reminder.	Partial to one game suspension's	Multiple game suspensions.

All offenses that are not within the four incident areas above will be referred to the student handbook. The staff is vested with the authority, after conferring with the athletic director, to advance the student beyond the offense category where the offense would normally fall, or to the student handbook if the violation(s) is of such nature to warrant it.

If an athlete or parent is dissatisfied with disciplinary decisions concerning themselves or their child, an opportunity to discuss the circumstance through the following channels will be provided:

- Coach
- Athletic Director
- Principal
- Superintendent of Schools
- Board of Education

CARE OF EQUIPMENT

In order to give the student a sense of responsibility and an appreciation of his/her equipment, each student will be held accountable for damages or loss. Any equipment lost or stolen must be paid for by the student in whose name equipment was checked out. No athlete will be allowed to compete in another sport until all equipment obligations are resolved. The following guidelines, if adhered to, will reduce the chances for lost or stolen equipment.

1. Do not exchange or loan any of the equipment checked out to you to another teammate.
2. Except when you are in visual contact, keep your locker closed and locked at all times. This includes when you are in the shower. School and personal equipment and belongings should be locked up at all times.
3. Any loss of equipment should be reported immediately to the head coach, rather than waiting until the end of the season.
4. Any protective equipment that does not fit properly or that has any defective parts should be reported to a coach immediately. Do not wear the equipment until the necessary adjustments have been made. This is for your protection.

INSURANCE

The Missouri State High School Athletic Association's Bylaws provide that a student shall not be permitted to practice or compete for school until it has the verification that he/she has basic athletic insurance coverage.

The school system does not pay for a student accident insurance; however, the school shall offer parents the opportunity to participate in a group student insurance plan. Student accident policy information will be available in the high school office. All students participating in interscholastic athletics must obtain some type of accident insurance.

PROTECT YOUR ELIGIBILITY

The Missouri State High School Activities Association, of which the Plato R-V School District is a member, is a voluntary, nonprofit, educational association of junior and senior high schools established for the purpose of working cooperatively in adopting standards for supervising and regulating interscholastic activities and contests. One of the primary functions of MSHSAA is to establish eligibility standards that must be met by all students to sustain the privilege of representing their school in interscholastic activities. Eligibility is a PRIVILEGE to be granted by the school to a student. Eligibility is NOT A STUDENT'S RIGHT BY LAW. Precedents set by legal cases have determined that eligibility is a privilege to be granted only if the student meets all standards adopted by the school. The major rules and regulations below must be followed in order to protect your eligibility.

1. Bona Fide Student

- In order to represent your school, you must be a bona fide student and meet all eligibility requirements. You must be enrolled in and regularly attending classes at the member school and meet the academic requirements by MSHSAA and those of your local school.

2. Citizenship

- You must be a credible citizen. Credible citizens are those students whose conduct, both in school and out of school, will not reflect discredit upon themselves or their school. *Conduct by the student involving law enforcement should be reported to your school administrator immediately as your conduct may affect eligibility or contest outcomes.

3. Academics

- You must have earned, the preceding semester of attendance, a minimum of 3.00 units of credit or have earned credit in 80% of the maximum allowable classes in which any student can be enrolled in the semester, whichever is greater, at your school. *For your current semester, you must be enrolled in and regularly attending courses that offer 3.0 units of credit or 80% of the maximum allowable credits which may be earned, whichever is greater, for your school.
- Plato has a no "F" Policy. A failing grade at the semester will result in the student being ineligible the following semester. Credits earned or completed after the close of the semester will not fulfill this requirement. A failing grade at quarter will result in the student being ineligible until the grade is raised to a "D".
- If you are beginning the 9th grade, you must have been promoted prior to the beginning of the school year.
- You must be making satisfactory progress toward graduation as determined by your local school's policies.
- Do not drop courses without first consulting your school principal, athletic administrator or counselor to determine whether it will affect your eligibility.

4. Resident Requirements

- A junior or senior high school student may be eligible at the public or nonpublic school located in the district in which the student's parents reside. In case of a public multiple-school district, a student may be eligible at the school designated for the student to attend by the board of education (open enrollment does not count toward meeting the "designated school to attend.")

5. Transferring Schools

- If you transfer schools, you will be ineligible for 365 days-unless you meet one of the exceptions listed in the MSHSAA Residence and Transfer Rules. Make an appointment with your athletic administration to review these exceptions.
- If you move with your parents to your new school district, you will be eligible at your new school provided you were eligible in all other respects at your former school. A student shall not be eligible to represent two different schools in the MSHSAA state tournament series in the same sport during the same season.
- You and your parents must move to the new residence at the same time.

- Always check with your school administrator before you transfer to determine whether it will affect your eligibility.
- Discipline follows the student to the new school. Transferring while under suspension will cause you to be ineligible for 365 days.

6. Participation Limits

- You are eligible to participate in any sport for a maximum of four seasons. Any part of a contest played during a season counts as a season of participation.
- Your eligibility to participate in high school activities begins when you first enter the ninth grade and lasts for the next eight consecutive semesters (four consecutive years).

7. Entering School

- You must enter school within the first 11 days of the semester in order to be eligible. This is not the same as transferring.

8. Amateur and Awards Standards

- An athlete must maintain “amateur standing” 365 days a year in the sport concerned in order to participate in interscholastic athletics – the following restrictions govern the receipt of awards in both interscholastic play AND non-school competition/participation.
- After entering a member school, you will become ineligible in the sport concerned if you receive any of the following PROHIBITED awards for participating in an athletic contest or being an athlete: -An award of cash, a gift-certificate/gift-card or an award that is the equivalent of cash is PROHIBITED for amateurs. -Merchandise which exceeds a manufacturer's suggested retail price (MSRP) of \$250 is PROHIBITED for amateurs. However, there is no value limit in regard to awards which are symbolic in nature, such as medals, ribbons, trophies, plaques, etc.
- Awards should be approved in advance by your school.
 - Commemorative jewelry may be presented by the school (i.e. championship ring or necklace) (no value limit).

9. Age Limits

- If you reach 19 years of age prior to July 1, you will be ineligible the next school year.
- Over-aged eighth graders should be moved up to the senior high team to have eight semesters of eligibility.

10. Playing Under A False Name

- If you compete under an assumed or false name, you immediately become ineligible for up to 365 days.

11. Graduated Students

- You will be ineligible to participate after graduation from a senior high school. Students who are granted an early release after their junior year are ineligible for further participation. You are eligible to participate in state-level events, which extend beyond the date of your school's graduation at the end of the spring semester of your senior year.

12. Non-school Competition

- You may not practice for or participate with a non-school team or in any organized non-school athletic competition and for your school team in the same sport during the same season of the school team.
- You may participate on a school team and a non-school team in different sports during the same season; however, you may not practice for the non-school team or participate in organized non-school athletic competition on the same day that you practice with or participate for the school team without prior approval of your school administrator.
- You must receive approval in advance from your school administrator in order to miss school time to practice for, travel to or compete in organized non-school athletic competition.
- You will become ineligible in any sport in which you play as a member of a junior college, college or university team.
- You may participate in international competition during the school year, however, the competition must meet the established criteria published in the MSHSAA Official Handbook and must be approved in advance by the MSHSAA Board of Directors.
- Before you join a non-school team or enter any non-school competitive athletic event, your athletic administrator should be consulted to make certain these standards are met.

13. College Auditions and Tryouts

- You may participate in a college tryout, audition or evaluation event for a specific sport outside the school season of the sport concerned.
- You may not miss school time to travel or participate in the event unless the school administrator approves your absence in advance.
- You may not miss a MSHSAA-sponsored postseason athletic event to participate in or travel to and from the event.
- You may only attend one evaluation event by invitation per sport per year. You may attend any number of "open" evaluations (anyone may register) with no limit on college-sponsored tryouts.

14. All-Star Games

- An all-star event is one in which an individual is invited to participate due to his or her high school achievements.
- You may not compete in an all-star game or contest before you complete your eligibility in each high school sport. Participation in an all-star game or contest before ending your high school eligibility will result in your becoming ineligible to participate in any high school sport.
- A senior with no high school eligibility remaining in a specific sport may participate in one All-Star game for that sport during the school year. See your administrator before agreeing to play.

15. Recruiting of Athletes

- You will be ineligible for your career at a school if you are influenced by a person or persons to attend upon promotion or transfer schools for athletic or activity purposes. You may, however, return to your original school and be ineligible for no more than 365 days.

16. Transfer For Athletic Reasons

- You shall become ineligible for 365 days if you transfer to another school for athletic reasons.

17. Sports Camps and Clinics

- During the school year outside of the school sport season, you may attend a non-school sponsored specialized sports camp(s) or group instruction, provided: it does not result in any loss of school time, attendance does not occur within seven (7) days of the start of the school sport season for the sport concerned, it is not a team camp, no competition occurs other than limited scrimmaging, and no member of the coaching staff of the school you attend (or will attend) is involved in any way. During the school sport season, you may attend a school or non-school sponsored specialized sports camp(s) or group instruction under certain conditions. You may attend only ONE without being accompanied by a school coach; attendance may not result in any loss of school time, there may be NO competition other than limited scrimmaging, and a school administrator must approve your participation. You or your parents must pay all camp/clinic fees, tuition and other related expenses. A scholarship or waiver of fees shall result in the loss of your eligibility. The school may provide transportation at no cost during the summertime or during the school sport season.
- NOTE: Before attending any specialized athletic camp(s)/clinic(s) or group sport instruction, you should consult with your school principal

or athletic director to make sure it meets the criteria published in the MSHSAA Official Handbook.

18.NCAA Division I or II College

- In order for any student/athlete to consider a NCAA Division I or II college, he/she must be processed through the NCAA clearinghouse. This process should be started during his/her junior year. See your guidance counselor for information.

19. REMINDER

- Any questions pertaining to eligibility that are not answered above should be brought to the attention of your athletic director.

CONDITIONING AND THE PREVENTION OF INJURIES

Proper sports conditioning will improve power, speed, and endurance of athletes. Statistics indicate that sports conditioning will assist in preventing injury. Year-round conditioning can increase athletic performance considerably. Opportunities are provided for athletes at Plato R-V Schools to be involved in year-round conditioning. Make certain to consult with your coaches immediately if any injury does occur.

Each team must have 14 days of conditioning practice and each individual must have participated in 14 school conditioning practices on 14 different days prior to the date of the first interscholastic contest in all sports. This requirement is waived if a student has been a member of another school sports team immediately preceding the sport season and has had 14 days of conditioning.

PHYSICAL EXAMS

Athletic By-Law 3.8 (1) and (2) in the MSHSAA handbook states: The school shall require of each student participating in athletics a certificate of an issued physical signed and authorized by a physician, advanced nurse practitioner in written collaborative practice with a physician, or a certified physician's assistant stating that he or she is physically able to participate in athletic practices and contests. A student shall not be permitted to practice or compete for a school until a complete, signed certificate is on file at the school. The medical certificate is valid for the purpose of this rule if issued on or after February 1st, 2017. This certificate must be on file in the athletic office before the student will be allowed to practice with any of Plato High School and Middle School athletic teams. Each physical must have the statement on concussion education signed.

ATHLETIC AWARDS

A certificate/award will be presented to Varsity and Junior Varsity athletes each time they meet the participation requirements established in a sport. In addition, athletes may receive a varsity letter for meeting standards set by the coaching staff. Standards for athletic awards are at the discretion of the coach.

VARSITY LETTER AWARDS

All of the Plato R-V athletic programs offer a varsity level athletic letter. Each sport has objective criteria and qualifications for lettering set by the individual sport coaching staff. The additional factors of good school citizenship and a constructive, positive attitude are integral criteria of the lettering process.

SUPERVISION POLICY

No individual student or team shall be permitted to participate in events without being accompanied and supervised by a representative of the school faculty or administrative staff. Coaches are responsible for supervision of groups while on the bus traveling to and from events, while at the events, and until the students' rides arrive. This includes but is not exclusive to: practices, meetings, contests, bus transportation. Sponsorship includes the coach riding the bus and supervising the activity that he/she coaches. Sponsorship may necessitate the coach procuring assistance from his/her assistant coaches. It is the responsibility of the coach to cover his/her events.

CONFERENCE AFFILIATION

Plato R-V School District is a cooperating member of the Frisco League Conference; and as a member is committed to adhere to the rules and regulations of the conference. Presently there are 9 member schools in the Frisco League Conference: Crocker, Dixon, Iberia, Laquey, Licking, Newburg, Plato, Richland and Stoutland.

In addition to competing for conference championships, an all-sports award is presented to the school that has the best overall record in the recognized conference sports. Athletes can earn individual athletic all-conference honors.

ACTIVITIES BY SEASON

Fall Activities

Boys Cross Country (V, JV, 7th, 8th)

Girls Cross Country (V, JV, 7th, 8th)

Cheerleading (7th, 8th)

Girls Volleyball (V, JV)

Boys Basketball (7th, 8th)

Girls Basketball (7th, 8th)

Fall Baseball (V, JV)

Winter Activities

Boys Basketball (V, JV)

Girls Basketball (V, JV)

Girls Volleyball (7th, 8th)

Cheerleading (V, JV)

Spring Activities

Baseball (V, JV)

Girls Softball (V, JV)

Boys Track (V, 7th, 8th)

Girls Track (V, 7th, 8th)

MSHSAA Activities

Choir

Band

PARENT/COACH COMMUNICATION

Parent/Coach Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to students. When your child becomes involved in our program, you, as a parent, have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program and clear communication from the parent to the coach.

Communications You Should Expect From A Coach

1. Philosophy of the coach.
2. Expectations the coach has for your child as well as the team.

3. Location and times of all practices and contests.
4. Team requirements, i.e. practices, special equipment, out of season conditioning.
5. Procedure should your child be injured during participation.
6. Discipline that results in the denial of your child's participation.

Communication Coaches Expect From Parents

1. Concerns expressed directly to coach.
2. Notification of any schedule conflicts well in advance.
3. Concerns expressed in a positive, solutions-based, manner.

As your child becomes involved in the programs in the Plato R-V Schools, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

Appropriate Concerns To Discuss With Coaches

1. The treatment of your child mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

Issues Not Appropriate To Discuss With Coaches

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student-athletes/participants.

It is very difficult to accept your child not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other

things, such as those listed above must be left to the discretion of the coach. There are situations that may require a conference between the coach and the parent. These are encouraged.

It is important that both parties involved have a clear understanding of the others position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

CHAIN OF COMMAND

- Coach (Sport Specific)
 - Athletic Director
 - Principal
1. Player/coach communication is the most important part of the chain of command.
 2. Start with the source. Talk directly with the coach, in private, face-to-face, away from practice site or game area. A telephone call may be necessary to arrange an appointment. E-mail, voice mail, letters are good methods but NOT the most effective for communicating information. Make an appointment to meet with the coach individually. Sitting down and listening to both sides is far more productive in reaching a mutually satisfying resolution. Our coaches are expected and encouraged to meet with individual parents to discuss concerns that affect that parent's child. Our coaches are not expected to meet with groups of parents to discuss issues of concern.

If You Have a Concern To Discuss With A Coach, please follow the procedure below:

1. Call to set up an appointment.
2. If the coach cannot be reached, call the athletic director. A meeting will be set up for you.
3. **Please do not attempt to meet a coach before or after a contest or during practice.** These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.
4. If the meeting with the coach does not provide a satisfactory resolution, call and set up an appointment with the athletic director to discuss the situation.

PARTICIPATION FEES

An annual athletic participation fee will be charged for the 2017-2018 school year. This fee will be used to help offset expenses in all areas of the overall athletic program. This fee must be paid before the first game, match or contest. Students will not be permitted to participate in a game, match, or contest until the participation fee has been paid. The fee should be paid in cash, check or money order payable to: Plato R-V School District. If a student is injured, and therefore excluded from participation for the season, prior to the first scheduled contest, the participation fee will be refunded. After the first contest is played, no money will be refunded. The participation fee will not be returned if a participant quits or does not finish a season. If a tryout policy is instituted for team members by the coaching staff, any participant not making the beginning season roster will have his/her participation money refunded, if requested by the end of the season.

High School Participation Fee

\$50 per student. No more than \$100 per family.

Jr. High School Participation Fee

\$35 per student. No more than \$70 per family.

SPORTS PASSES AND ADMISSION PRICES

The admission price at varsity contests will be \$3.00 for adults, \$2.00 for students in grades 6-12 and \$1.00 for students in grades K-5. Adults, 60 and over, are free.

Sports passes are available for purchase in the high school office. The individual pass allows the holder to be admitted to all home contests during the term of the pass. The family pass allows the holder and his/her immediate family to be admitted to all home contests during the term of the pass. School passes will not be accepted at district or state level contests or at any tournament.

Research indicates that a student involved in co-curricular activities has a greater chance of succeeding during adulthood. Many of the character traits required to be successful participants are exactly those that will promote a successful life after high school. We hope the information provided within this handbook makes both your son/daughter and your experience with the Plato R-V Activity and Athletic Program enjoyable.

CONTACT INFORMATION

Athletic Director Mark Vaughan

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Principal Justin Copley

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Cell: (417) 217-6613

District Address 10645 Plato Drive, Plato, MO 65552

District Website www.plato.k12.mo.us

Plato R-V School
7th-12th Grade
2017-2018

Name: _____

Address: _____

Phone: _____

Grade: _____

School Year: _____

Student Activities: _____

Please sign and return this sheet to the coach or sponsor that gave you this form. Your signature implies that you received and read the Plato R-V School 7th-12th Grade Activity and Athletic Handbook.

(Student's Signature) (Date)

(Parent's Signature) (Date)